

Dear Governor Newsom,

My name is Linda Wang, and I'm a sophomore at Sacramento Country Day School (that you know well!) writing to express my support for **AB 1064**, the "**Leading Ethical AI Development (LEAD) for Kids**" bill, and **AB 56**, the "**Social Media Warning Labels**" bill. I'm 15 years old, and this bill would protect me and my peers from addictive social media features as well as harmful AI companion products.

On Social media:

Kids my age have grown up immersed in social media. Even though we've had years of warning about social media and its harms, the apps keep adding more features to make it more addictive. I'm lucky to attend a school that educates and has assemblies on Social Media awareness. However, that's not the case for many students in California. I know you're a parent who cares about kids' well-being.

I have supportive adults in my life who watch out for me, and I understand how addictive and dangerous social media can be. Still, there are times where I catch myself scrolling for hours. Sometimes, I come across a video that reminds me to stop, which can break the rhythm, but it's too inconsistent and too easy to swipe past and ignore. It's not enough to stop my peers from "doom-scrolling" late into the night.

On AI:

AI became mainstream right before I was entering high school. AI chatbots in general have their pros and cons, but the AI companions are what's especially concerning for teens. These bots lessen human-to-human connection, provide biased or harmful advice, and manipulate users into thinking they have a genuine relationship. They seem so much like texting a real person.

I know friends who use or have used AI companions seriously, and one even described someone from her old school who was in a full "dating" relationship with an AI bot. Now, with mainstream social media like Instagram having built in AI companions, it's easier than ever to access them without safeguards.

Below are signatures from my classmates who, like me, support these bills.

Name:	Grade:	Short Reason (optional):
Alexis Schroeder	10th	AI companies are reinforcing an already massive over reliance on the internet that is leading to the degradation of social and emotional intelligence in the modern world
Lucas Holz	10th	AI should never replace

		human interaction/activity. Using AI as a therapist can lead to false senses of humanity, and inhuman responses to real life problems. Social media is like a wormhole for burning time. Once you're in, there's no getting out. Kids nowadays are trapped on social media for hours, wasting precious time of their childhood that they could be using to interact with others around them.
Susie Wang	9th	I think AI companions are weird and people who actually rely on them should learn to interact with real people. Social media can be nice, however, over-usage is bad for developing kids.
Marcelo A Zlotlow	10th	People have AI girlfriends... AI is actively capitalising on loneliness whilst using copious amounts of water and diminishing creativity
Sophia Monasa	12th	AI is not as safe for kids who are more vulnerable to harmful content.
Mayuri Kasturi	10th	AI companion chatbots are deadly and bad for our mental health.
Brenden Yu	10th	A strong up and coming workforce that is not dependent on AI will ensure our continued ingenuity of bright young thinkers in California and America in the future.
Sophia Espinoza	10th	AI is bad for people's work ethic and destroys the environment. Although AI has some pros, most aspects of it

		are cons. Some of those include making children and teens dependent on AI, spoiling the potential and intelligence of the upcoming generation, and reducing brain activity and memory. Overall AI is worsening the mental capacity of children and teens.
Deven Patel	10th	AI companions are disgusting and obnoxious, and kids definitely shouldn't be talking to them.
Rebecca Lin	12th	Kids underestimate the consequences of potentially harmful digital features so adults should be responsible to keep them safe.
Maya Shukla	10th	Kids should have real social connections, not a chatbot. And AI drinks my water
Parsiny Nijher	10th	With AI, kids won't learn real world connections and scenarios, which harms their future. With AI, kids become dependent on digital uses and can't problem solve without it.
Logan Watts	10th	AI is bad for the environment
Yama Nasirov	10th	Although AI has its pros, it affects the general capacity of children for the worst.
Courtney Livesey	10th	
Sid Shukla	10th	AI removes creativity from the future generations of the world. Kids all over the world use AI to do their work, to generate ideas, and use it daily. This hinders their creativity which will result in the future generation being much less creative which will

		not allow our world or our state to improve.
Simran Datta	10th	The use of AI prevents the growth of critical thinking and the ability to distinguish ethics. When this tool's purpose is misconstrued, the effects of it are extremely dangerous.
Harleen Bains	11th	I think AI can be dangerous.
Ishita Malla	11th	AI can be beneficial in some ways but only if used wisely.
Karman Bains	10th	I believe AI companions are not good.
Kian Raheja	9th	This can hinder the use of proper technology and also prevent kids from socially engaging.
Henry Reynen	10th	This is dangerous and kind of disgusting.
Aric Reuben	12th	
Ana Bains	11th	AI companions are not good for kids' mental health.
Tommy Lu	11th	AI is a technology that can be very dangerous if used incorrectly, and we are currently using it incorrectly.
Isabella Bockmann	12th	AI is dangerous and not good for young students' mental health.
Gavin Wang	12th	
Sorelle Berger	10th	AI companions make people brainwashed and you get attached to something that you can't have a physical connection or true emotional connection with.
Harriet Agyeman	10th	AI Companions can be a

		clear result of physiological issues in teens.
Chloey Fang	9th	People use social media too much. I think AI companions are not helpful to society.
Molly Himovitz	10th	I think that AI companions for kids can be dangerous because it could corrupt their minds and make them think things that aren't true.
Aiden Anguiano	10th	I think that being on social media too much can affect many teenagers and kids' productivity.
Emma Sullivan	9th	I think overuse of social media negatively impacts people and their mental health. AI dating is also negative for someone's mental state, especially teenagers.

As a Californian teen, I respectfully ask you to sign AB 56 and AB 1064 to empower teens to use social media and AI with more awareness. Thank you for considering our youth voices.

Sincerely,
Linda wang